

Support during Coronavirus



Practical support locally: Medication & Shopping Deliveries

HOLSWORTHY: Holsworthy Covid 19 Mutual Aid Group on Facebook or call 07340 633055 email mutualaidholsworthy@protonmail.com
<https://www.facebook.com/groups/1230852347110859/> - you will need to join to access the group fully. You can volunteer to help or ask for help here with arranging deliveries, picking up shopping and/or medication, a friendly phone call, posting mail, urgent supplies, electricity or gas top-up, help with pets. If you are not able to do yourself & need help then ask someone to make contact on your behalf. Please be wary of sharing too many unnecessary personal details.

BUDE & STRATTON: Bude and Surrounding Areas Quarantine Support Group on Facebook Help with deliveries, contacting to essential services, links to pet care, offers of all sorts of care and help with links into other Bude initiatives: <https://www.facebook.com/groups/2662417547313566/>
Map of volunteers with telephone numbers to call for deliveries of shopping and medication from Bude Helpers: <http://www.neetmaps.co.uk/budehelpers/?fbclid=IwAR3Ylu-2QybRImVeOamB9Y0aULJ9UiHSPdQNjhXVm39ZGgM3lALPyg-JEuc#11/50.7783/-4.5423>

Bude and Stratton Town Council Covid 19 response – Facebook group full of information about where to get help with essential services in and around Bude:
https://www.facebook.com/BUDESTRATTONTC/?fref=gs&dti=2662417547313566&hc_location=group_dialog

Dedicated helpline number for those without internet access
call **01288 353576 10am-4pm every day.**

ASHWATER: Ashwater Shop are co-ordinating help for village and surrounding areas.
Tel: 01409 211192 or 07932592010
Open: Mon-Fri 10.00-14.00 Sat & Sun 08.30 -10.30 Post Office Mon-Fri 10.00 to 14.00

CLAWTON

Steven Wheatley (D&D TAXIS) and Donna would like to help the local community of Clawton with a delivery service to their door to ensure they have adequate supplies. For the elderly who are worried they will come to you and provide a home service/delivery or do whatever they can. (this will be a free service to the elderly and most vulnerable people!). The delivery orders will be on a designated day such as a Mon/Tue and then there orders will be delivered to them within 24 hours.

D&D TAXIS are fully DBS checked by the local authority

Southcott Stores have kindly offered to take and deliver telephone orders – call 01409 255508. It would be great if we could support Leanne and her team.

Pat Osborne has offered help whether it is getting shopping or just messages of friendship and support. Pat's email is patbramblefarm@gmail.com and mobile number 07788 710098.

HALWILL: Halwill Coronavirus Support Network

Hub at the Junction Inn for help with shopping, medication deliveries etc. On Fb.

Tel: 01409 221239

HATHERLEIGH: Volunteer Co-ordinator Borough Cllr Claire Kemp 07563154245 or 01837 811784
email: ckmultimedia@gmail.com Also sharing information via Hatherleigh Volunteers on Facebook

SHEBBEAR

Shebbear and Buckland Filleigh Volunteer Group

Tel: 01409 281424 or email: martinwarren535@btinternet.com

PETROCKSTOWE CORONAVIRUS COMMUNITY SUPPORT

Picking up shopping, helping with mail, befriending calls, urgent supplies

Email: Office@petrockstowechurch.org.uk

Or by phone: Ann (01837 81072), Malcolm (01837 810 902), David (07502 115303) or Ann (01837 810501).

www.petrockstowechurch.org.uk

www.petrockstowevillage.co.uk

THORNBURY: Volunteer aid via Thornbury Tatler on Facebook or Tel: 01409 261804 (Paul) or 01409 261100 (Gaye).

GREAT TORRINGTON COVID 19 MUTUAL AID & SUPPORT

Supportive Facebook Group

Please contact the Town Council as first port of call as they should have details of the Parish Councillors and local volunteers.

admin@great-torringtontowncouncil.gov.uk Or telephone number is 01805 626135

Alternatively post on: <http://www.facebook.com/groups/torringtonmutualaid> and you might find a volunteer willing to help.

LAUNCESTON: Cornwall Community Network.

Call 01566 773693 between 9-1pm Monday-Friday for help.

Devon County Council have produced a map of what volunteer community support groups are available at the moment and where. Follow the link:

<https://www.devon.gov.uk/communities/support-groups>

North Devon Coronavirus Community Support Hub Hotline

For any request for help.

Tel: 01271 388280

Or use the on-line login: https://my.northdevon.gov.uk/service/Request_for_assistance

Devon Coronavirus Emergency Helpline

Keeping Devon's most vulnerable residents safe remains our top priority. Anyone who is isolated and urgently needs essential food, medicine, care or social support, and doesn't have any family, friends, neighbours or community to help them, can contact the Devon Coronavirus Emergency Helpline on **0345 155 1011**

Cornwall Council:

The local Council helpdesk number is 033 1234 334. This will give access to food parcel deliveries, shopping, prescription collections and social and emotional support provided via Volunteer Cornwall.

Government Links

Information, announcements and updates relating to the virus.

Website: <https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

Support for those extremely vulnerable

Website: <https://www.gov.uk/coronavirus-extremely-vulnerable>

Government guidance

Website: <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Stay-at-home Guide

Website: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

For all other support information please go to the main website homepage under DIRECTORY OF SERVICES DURING COVID-19. This is updated weekly on a Monday.

www.rubycountrymedicalgroup.co.uk

